

HLED - Health Education Courses

HLED B1 Principles of Health Education

3 units

Recommended: BC placement into reading level 06 and writing level 06.

Description: A survey of Health as expressed through the interdependence of the intellectual, emotional, environmental, physical, social and spiritual dimensions of wellness.

Hours: 54 lecture

Transferable: CSU, UC, and private colleges; CSU GE E; BC GE E