NUTR - Nutrition Courses

NUTR B10 Elementary Nutrition
3 units
**Recommended:** BC placement into reading level 06 and writing level 06.
**Description:** Basic concepts and principles of nutrition with application to current nutrition issues. Emphasizes improvement of personal health through proper eating habits.
**Hours:** 54 lecture
**Transferable:** CSU, UC, and private colleges; CSU GE E; BC GE E

NUTR B50 Modified Diets
2 units
**Prerequisites:** Successful completion of NUTR B10 or equivalent with a grade of C or better.
**Recommended:** BC placement into reading level 06.
**Description:** Nutrition care for acute illnesses and chronic diseases. Related normal and abnormal physiology, nutrition assessment and care plans and client education techniques are emphasized. Field trips may be required.
**Hours:** 36 lecture
**Transferable:** Not transferable. Degree applicable.