they turned the dirt over,” joked David Rosales.

The sons of two former faculty continue their legacies as a counselor and history professor. The two families shared similarities: Both fathers were veterans and each had a son then a daughter.

Rosales and Schultz were included in another internship that introduced them to counseling. He worked as an academic adviser at Fresno State for seven years before getting hired as the director of academic advising. He worked as an academic adviser at Fresno State for seven years before getting hired as the director of academic advising.
By Jack Sullivan

Bakersfield College’s Lead- 

gers Academy recently ran a 

workshop on recycling pil- 

ogram as an effort to out- 

we and increase recycling on cam- 

pus. The event was coordinated 

Teresa Perry, an administrative 

assistant for the school, said that 

the seminar was educational and 

helped orga- 

ize the pilot program.

Perry said that in just five 

days, the program’s collection 

gained around 20 more pounds 

recyclables than the week before 

program began.

The first of the W.A.H.M. 

events, Women in the Middle 

Pasage: Gender, Slavery, and 

the Problem of Whiteness, 

was held on March 2.

New York University, pro- 

fessor of Social and Cultural 

Analysis Leslie Morgan gave 

presentation to a large crowd 

students and faculty on research 

women’s research during the 

Middle Pasage.

Morgan analyzed the ways it 

was difficult for them to fun- 

met their experiences.

On her research Morgan 

mentioned that there is a 

acknowledged a 

women’s history and how it is 

hard to find 

women of women because of 

the “absence of language.”

After her presentation a 

large group of students gathered 

to understand how to do 

research.

On March 6, the W.A.H.M. 

committee held a screening of 

the film “Miss Representation.”

The film analyzed the ways the 

culture of mainstream medi- 

and how it is in the 

women’s role models in their 

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East Hills set for a facelift

By Giselle Lauder

There is a new look in store for East Hills, Bakersfield’s East Mall. Developers from CVC Projects and Mark Cline Investments purchased the mall in mid-2016 in the hopes of completely demolishing and redeveloping the mall by mid-2018. Developers intend to make this “opportunity lifestyle center” into the new focal point of the east side by installing new restrooms, a food court and entertainment, all with a special focus on the active college community. In preparation for the new shopping plaza, there has been buzz about a fountain being featured in the center, much like the cinema at The McPheeters. Demolition of the East Hills Mall will begin as soon as June of this year. This will require a complete shut-down of the mall and legislation of the premises.

For its new look, there are two structures that will remain on the site: the police department station and the car wash on the east end of the mall. 65% of the mall will be excised with the new shopping center. The balance will be estimated at about $370 million, and in total, the project will make the mall more pedestrian friendly with outdoor seating and restaurants and shops.

East Mall will actually be relocating to the new center at current market rate. Most of the city will not be releasing to the new mall. Planning that has been put into the site will remain intact, tenants that had already rented will still remain located at the mall. One mall, partner, who wishes to remain anonymous, stated that the city’s planning officer was really upset by the new plans. He was curious to go into the opportunity to do a ride-along with the department.

My application took roughly a week to be processed before I was hired to design costumes for the play “Mother Courage.” I had applied to design costumes for the play but was never offered. As a result, he was hired to design costumes for the play by the theater department. As silly as it sounds, I was told that we get here in the U.S.”

Leslie Aldridge has been involved with the Theater department at Bakersfield College since January 2015. She originally started at BC as a student and then taught part-time before becoming the theater department at Bakersfield College and student leader to do some research. “I proofed it, they called it the “ Schönheit.” She then was taught to show a pair of pants.

Another favorite is the blue tubs are the most sought after use has made it an easy and affordable way to maintain your face for 15 to 30 minutes. Besides using masks once a week, Aldridge said that not being exposed to anything of the department means that the mask is your choice. It’s a personal decision for you to choose which mask is for you. You can choose it depending on what you want to achieve. If you want to remove dirt from your face or reduce redness, there are many different masks to choose from. She regularlycurrently has been teaching 8am on Saturdays and 6:15pm on Wednesdays. Leslie Aldridge is the new faculty member at Bakersfield College about hopes and goals.

At Bakersfield College, Leslie Aldridge is the new faculty member at Bakersfield College about hopes and goals.

Column

Good skin is beneath a mask

Beauty Advisor’s Advice: A mask and tips for beauty

Face masks are a necessity when it comes to maintaining the health of the skin. Just like hair, skin needs regular care to nourish, detox and replenish. Especially if you drink or smoke, your skin can be left dry and dehydrated. It may seem like a daunting task to clean your skin, but with this mask, it can all be done.

First up, the face mask. There are lots of uses for this small beauty tool. It can help improve your skin’s hydration and keep your pores clean. There are hundreds of thousands of different brands of masks that can cost anywhere from a few dollars to a few hundred dollars. I’ll tell you, I’ve tested just about all of them. The mask that has made me feel the most comfortable is the one by Kylie Cosmetics. The mask is a favorite because it’s affordable and it works. It’s not about being the most expensive or the most popular, it’s about what works for you. I recently tried this mask and was blown away by the results.

As for the face mask, Leslie Aldridge said that not being exposed to anything of the department means that the mask is your choice. It’s a personal decision for you to choose which mask is for you. You can choose it depending on what you want to achieve. If you want to remove dirt from your face or reduce redness, there are many different masks to choose from. She regularly currently has been teaching 8am on Saturdays and 6:15pm on Wednesdays. Leslie Aldridge is the new faculty member at Bakersfield College about hopes and goals.
Enchanted meditation techniques
By Rhif-Hendrickson

Throughout the past few years, there has been a steep in self-_optimizer__ science and the practice of meditation to learn more about yoga, medita- tion, and mindfulness education. This has become easier and easier to find online or in local retailers that are dedicated to this practice. Meditation can be defined as the practice of focusing the mind on a specific object or activity. It involves concentration and relaxation, and the benefits of meditation are numerous. Meditation has been around for centuries and has been shown to improve mental and physical health. It is a practice that can be done by anyone, regardless of age, gender, or background. Meditation can be done in a variety of ways, such as sitting in a quiet place, listening to relaxing music, or focusing on a specific object. The key is to focus the mind and minimize distractions. Meditation can be practiced for a short period of time, such as a few minutes each day, or for longer periods, such as an hour or more. The benefits of meditation are numerous and can include reduced stress, improved focus, and increased overall well-being. Meditation can be practiced by individuals of all ages and skill levels, and it can be done almost anywhere, making it a convenient and accessible practice for everyone. Whether you are a beginner or an experienced practitioner, meditation can be a valuable tool for improving your physical and mental health. It is a practice that can be done by anyone, regardless of age, gender, or background. Meditation can be practiced for a short period of time, such as a few minutes each day, or for longer periods, such as an hour or more. The benefits of meditation are numerous and can include reduced stress, improved focus, and increased overall well-being. Meditation can be practiced by individuals of all ages and skill levels, and it can be done almost anywhere, making it a convenient and accessible practice for everyone. Whether you are a beginner or an experienced practitioner, meditation can be a valuable tool for improving your physical and mental health.
March is Transgender Awareness Month, and honor of that the Bakersfield College Student Government, Acceptance Club, or SAGA, will be screening the award-winning film "Real Boy" on March 10 from 6-8 p.m. in Foxon Hall 101.

The film, which chronicles 19-year-old Bennett Wallace and his family through the struggle of his transition, is a powerful story of love and maturing sobriety. He has transitioned over a year and has been screened at more than 70 festivals around the world.

"Many people feel a false sense of identity with all of the people in the film and remember that we have all born in a position we want to be labeled as," said the film’s director, Shannon Bliss. "Whether it’s not the people in your lives understand your choices or understand everything about us, most of us have been in this position in order to learn how to love the people in our lives even if we didn’t understand them.

Bliss will be in attendance for the screening and will be conducting a panel discussion along with members of SAGA, immediately after the showing.

“Think it’s a perfect oppor- tunity to educate students on campus about the strategies that people go through when they’re transitioning. Especially for someone like myself who has no idea what it feels like, or the actual process,” said student Gabriel Salarian.

Another BC student and SAGA member, Baro Parks stated, "I think it’s very important for students to see this film. It really does help. It’s not just one person’s story, and I think it’s important to showcase all of these different experiences, especially when it comes to relationships and stuff like that.

"Real Boy" was made over a period of four years, and not only follows Bennett Wallace’s transition, but also his family’s, but his mother’s experi- ence as well.

"Think that’s a big part of the story," said Bliss. "She recog- nizes that our search for identity, even that process of identity isn’t about gender, isn’t about sex or physical at all. It’s something that impacts people who love us. I think that Bennett’s mom goes through her own transformation, from confusion and loss to a real accep- tance of her team kid, she had to go through the transforma- tion of her own and with the support of her peers.

Also in attendance will be the family of Jai Beerman, the local transgender woman who took her own life at Hart Baro last December. They will be speaking about Jai and the charity they’ve formed in her honor.

The theme for March is na- tional. Students were offered the opportunity to learn how to balance their calorie intake, lower their sodium, and maintain healthy eating habits.

"April’s theme will be actually mental health awareness," said Kern County is ranked the highest in the nation for cases of syphilis and among the high- est in the nation for chlamydia and gonorrhea. I feel like people need to be aware of that and know how to protect themselves," said nursing student Natasha Obrien.

The Student Health Center is located in UC 5, inside of the Campus Center. Contact the cen- ter for further information about their services.

By Ambria King

The Bakersfield College Nursing program offered free health screenings, awareness month, and provided information about balanced nutrition to students on March 3 inside of the Student Health Center.

They will be continuing to of health screenings and provisions with a different theme each month.

The Bakersfield College offers free health tests during the annual BC blood drive.

BC students Matthew Cavers getting his blood pressure checked by Alejandro Rojas.

By Morgan Park

Editor-in-Chief

This semester, Bakersfield College will be holding its first ever hackathon, a team com- petitive problem-solving event. The hackathon’s theme will be public health.

The idea to create an inno- vation competition," said BC public health professor Sarah Baron. Baron is organizing the event alongside the school’s computer science club and Kern County Community Foundation, and the event is supported by the Student Government Association.

Teams will be presented with a list of possible ideas submitted by the public health community, but they are free to brain- storm their own projects.

"These project teams are going to get together and hear different ideas of what they can work on, and say, "You know what, we’re going to work on creating a game increasing knowledge around syphilis and the symptoms of it," said Baron.

"The color will then change to white, creating that shell of whatever their idea is, and then other team members will start attend- ing workshops and getting in- formation to back them. So they have their own project demands, but they have deliverables by key times to read.

Other examples suggested by the community include an app to take a picture of an environ- mental health violation, an app that enables users to manage their health with questions, apps, and an app to keep track of their medication schedule.

On the final day, teams pre- sent all work projects to the judges, and then awards are handed out.

“"It’s a great opportunity to raise awareness on what public health is. People really don’t understand how the public health model works. This public health model looks at your whole communi- ty and all the environments that are a part of your health.

Baron also cited Kern Coun- ty’s recent spike in syphilis cas- es as a reason to get involved sooner rather than later.

"We’ve got a syphilis out- break that’s not of current right now. We’re making national news with our case. So taking care of our community and raising awareness on what public health is and how we really need to care is one part of this hackathon event.

Every team should be involved in public health.

Regarding the event for free and teams will be forming the day of. As of March 8 over 75 people have registered, and Baron said the event will be held on April 16.

Also in the future, the students and participants coming into this will give them a face- es on. I want people not to get so much. I want them to get innovative. And bring on your best effort,” she said.
Guerrero’s glow kit shines

By Fernando Martinez

Restaurant Review

“Guerrero’s glow kit shines”

The Swatches of the Anatolia glow kit are very universal.

Guerrero’s glow kit shines

The Swatches of the Anatolia glow kit are very universal.

When I first heard about Na- cole Guerrero and Anatolia Beverly Hills collaboration on a glow kit palette, I immediately fell in love with this idea. Guerrero had to have it. I wasn’t planning on purchasing it, it was already on its way to my door. When I opened it up, I was pleasantly surprised. The glow kit was heavy and sturdy. Even the frames complimented the packaging. I thought it was going to be a perfect size once it arrived. It has a feature such as this one and the product inside always ends up getting dirty or broken out. Therefore, I understand this is going to be great on the go. There is also a very light-weight palette and its size is slightly wider than my iPhone 7 plus. Therefore, I understand that this palette is going to be great on the go. The set was packed and placed under a banner of shimmer and holographic lettering off a really nice sheet.

Another thing that I loved about the packaging is that the lid has two tiny magnets on it. This is a neat trick that stick together when closing the lid. I really liked this because it ensures that the Product inside always looks neat and comes with the overall scheme of this establishment with goofy portions made from terrestrial creatures thousands of years away. Each highlighting is going out the size of a Ga- retta booth cup, which I think is a pretty good size for it. Since first trying on the high- lighters, I immediately noticed how well they lasted. Not only that, but one simple use, I noticed that the glow kit added a lot of the product, making their highly pigmented. I personally like make-up products that are multi-functional because that means that the Saguaro has never before, a white, mushroom shade. The glow kit palette stands out for shoppers at forty dollars and will also be available for in-store pre- order on March 17. I have heard several people mention that this is a limited edition palette and I am definitely not hard to miss, and it brings a neat look to the new atmosphere to be most pleas - ing. The service was great and the prices were fairly reasonable. Considering the portions. I look forward to my next meal here and I am most definitely going back at least once.

By looking around, I noticed several people mentioning that this was, of course, the exceedingly terracotta themed establishment with goofy portions made from terrestrial creatures thousands of years away. Each highlighting is going out the size of a Ga- retta booth cup, which I think is a pretty good size for it. Since first trying on the high- lighters, I immediately noticed how well they lasted. Not only that, but one simple use, I noticed that the glow kit added a lot of the product, making their highly pigmented. I personally like make-up products that are multi-functional because that means that the Saguaro has never before, a white, mushroom shade. The glow kit palette stands out for shoppers at forty dollars and will also be available for in-store pre- order on March 17. I have heard several people mention that this is a limited edition palette and I am definitely not hard to miss, and it brings a neat look to the new atmosphere to be most pleas - ing. The service was great and the prices were fairly reasonable. Considering the portions. I look forward to my next meal here and I am most definitely going back at least once.

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Continued from Page 1

HIRAYAMA: Delano campus faculty in 2010. While at BC, Hirayama has
made it relatable to students. [I like] seeing them do the
things they want to do, the way
they want to do it, not the way
their parents told them they had
want to do it. One of Hirayama’s past BC
students, Kevin Anabeza, stated
that “when he hears back from old students and their
parents.” He enjoyed hearing
from his past students, and when
were: “I think he was relatable.
Back from old students and their
parents.” He enjoyed hearing
from his past students, and when
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[going to all of our sites],” stated
Kevin McCarthy. His office
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the dedication tile form role as a
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teaching at BC is the long-term
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The Bakersfield College Renegades men’s and women’s swim teams take warmup laps during practice on March 7, in preparation for WSC Invite at Canyons.

For the men’s team, the top scorer was Andrew Quan participating in five events and finishing second in the 100 free, and finishing sixth in the 50 Free and second in the 200 Free with a time of 1:48.23.

For the women’s team, the top scorer was Mckenna Valencia allowing eight hits and scored 65 points. Valencia allowed eight hits and scored 65 points. Valencia was shut down by tough pitching. BC was defeated in league. We played really good moments in softball.

The three most recent games, all losses, were against Moorpark pitcher Caitlin Vinyard, who is 10-1. The Renegades were able to get just one hit and one run in those games.

BC was shut out in three games and fell to 3-4 for the season.

The Renegades take on Moorpark pitcher Caitlin Vinyard, who is 10-1. The Renegades were able to get just one hit and one run in those games.

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**Reneagades showing improvement**

By Sam L. Jaime

**SPORTS**

The Bakersfield College baseball team has started to show a prospective win since opening conference play Feb. 25. But in the open, the Renegades have played six games, going 2-4-2 through. Stripping their season to 0-0-0, the Renegades have shown dramatically as the season has progressed with an average of 5.7 per game over the last 10, up from 3.5 per game since.

The offense has picked up as well, averaging five runs and 1.25 hits per game, while still managing to draw almost 3.2 walks per game on average.

This increase in production has translated into a 2-bag, 7-bag hitting average, and a solid slugging percentage of .429.

"We played a better field," coach Peterson said. "We will have some inconsistencies at times, as every team does, that's the way you hope for it to grow as a team. And I feel like we've grown to some extent as a team, and that's good.

"Our offensive game has knowled the burden on our pitching staff a little more, with a little more wiggle room, a little more room to work." Pitching has been one of the Renegades most consistent points to this in the season as well.

Through six games of conference play, the Renegades have an average of 4.45 runs per game and a 2.8 earned run average.

On average, the staff has been especially effective with a 3.15 earned run average. "Pitching is such a big part of the game against a team going to carry a big load. The key thing against that is you've got to get it going. It's a big thing," Peterson said.

"Getting our offense going has helped us against a team that's going to carry a big load. The key thing against that is you've got to get it going. It's a big thing," Peterson said.

"Getting our offense going has helped us against a team that's going to carry a big load. The key thing against that is you've got to get it going. It's a big thing," Peterson said.

"One of the Renegades decided by three runs or less, the Renegades are 3-1 overall. Each of those games, Peterson believes it's "a short-term memory" in baseball, and it's better for the team as a whole.

"You lose a game, you forget it. Winning is more important. And it's what you're going to carry a big load. The key thing against that is you've got to get it going. It's a big thing," Peterson said.

"One of the Renegades decided by three runs or less, the Renegades are 3-1 overall. Each of those games, Peterson believes it's "a short-term memory" in baseball, and it's better for the team as a whole.

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I don’t travel much. I’ve only left California once, and that was for a brief wedding in Las Vegas. I was 17 then, and the most fun I had was riding the elevator.

Even within California, where practically anything is available, I can’t say I’ve seen or done much. So believe me when I say I was pretty excited to visit San Francisco, a city I’d never been to before.

I was even more excited when some of the students wanted to visit Alcatraz Island, home of the infamous Alcatraz Federal Penitentiary. A larger group had planned to go, but the ferry to the island was sold out and only Lizette Chavez, Kylie Hendrickson and myself had reserved the ticket the night before.

Unfortunately, on the Friday morning we were going, we were running late, which always stresses me out. We frantically got up, Ubered, and thankfully showed up on time to pick up our tickets, placed at the really cool ticketing model of Alcatraz and get in line.

What’s great about Alcatraz is that it’s a national park, so it’s actually free to attend. What would be really great is if I’d have to spend $35.50 for the ferry ride, but after spending money in San Francisco, so it’s actually free to attend. What would be really great is if I didn’t have to spend $35.50 for the ferry ride, but after spending money in San Francisco, so it’s actually free to attend.

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