

## NUTR - Nutrition Courses

### NUTR B10 Elementary Nutrition

*3 units*

**Recommended:** BC placement into reading level 06 and writing level 06.

**Description:** Basic concepts and principles of nutrition with application to current nutrition issues. Emphasizes improvement of personal health through proper eating habits.

**Hours:** 54 lecture

**Transferable:** CSU, UC, and private colleges; CSU GE E; BC GE E

### NUTR B50 Modified Diets

*2 units*

**Prerequisites:** Successful completion of NUTR B10 or equivalent with a grade of C or better.

**Recommended:** BC placement into reading level 06.

**Description:** Nutrition care for acute illnesses and chronic diseases. Related normal and abnormal physiology, nutrition assessment and care plans and client education techniques are emphasized. Field trips may be required.

**Hours:** 36 lecture

**Transferable:** Not transferable. Degree applicable.